

Prayer Concerns:**How to Have a Blessed New Year**

Psalm 1 [Page 843]

I. Two earthly paths. [1-2]

1. Walking in the way of the wicked.

_____ ↪ _____ ↪ _____

2. Delighting in the law of the LORD.

*Blessedness describes the life of _____,
_____, and _____ that comes to
those who _____.*

II. Two earthly illustrations. [3-6]

1. A well-watered tree.
2. Chaff blown away by the wind.

III. Two earthly blessings.

1. The blessing of the _____. [1:2]
2. The blessing of the _____. [2:12]

Personal Study/Growth Group Discussion Questions

Getting Started:

1. What was the best part of your Christmas experience this year?

Digging Deeper:

Read Psalm 1

1. Dan defined blessedness as the life of happiness, delight, and fruitfulness that comes to those who follow God's ways? Most people are satisfied seeking happiness. What is the difference between happiness and blessedness?
2. "Happiness" can be illusive. Where have you found it? How would you counsel someone else seeking it?
3. What are the "blessed" like and not like? What is the point of these comparisons?

4. What is the "law of the LORD"? Share some ways you have found to meditate on it in your daily life?

5. Do you feel a tension between the two "ways" Dan talked about? Is there a third way? Why or why not?

6. Verse 6 says that the Lord "watches over the way of the righteous." Discuss what this might mean.

Taking it Home:

1. What specific commitments will you make to help you walk in the Lord's way in 2023?