

## The Joy of Knowing God's Peace

Philippians 4:1-13

### Taking it Home:

1. Are there occasions when you wish the fruit of the Holy Spirit in you would be more evident to those around you? In view of Verse 5, what would be helpful?
  
2. Is there anything in your life that you don't want to pray about? Is something keeping you from enjoying the peace of God? Meditate on 1 John 1: 7 - 10.

### Joy in the Right Position

Stand firm \_\_\_\_\_ the \_\_\_\_\_. [1]

Agree with each other \_\_\_\_\_ the \_\_\_\_\_. [2]

Rejoice \_\_\_\_\_ the \_\_\_\_\_ always. [3]

### Joy Instead of Anxiety

God's P \_\_\_\_\_ (4:5)

God's P \_\_\_\_\_ (4:6-9)

1. Right \_\_\_\_\_ (4:6-7)

2. Right \_\_\_\_\_ (4:8)

3. Right \_\_\_\_\_ (4:9)

God's P \_\_\_\_\_ (4: 12-13)

I can do all things through \_\_\_\_\_  
who gives me \_\_\_\_\_.

## Personal Study/Growth Group Discussion Questions

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### Getting Started:

1. In what place, situation, or activity are you most at peace?

### Digging Deeper:

#### Read Philippians 4:1-13

1. In vs. 1, Paul is instructing us to stand firm in the Lord. How would “stand firm” apply in the situations you face? What does he mean by “in the Lord”?
2. Have you been in a situation like Euodia and Syntyche, either directly or as a third-party “peacemaker”? How was it resolved? What worked well and what did not?
3. What helps you to obey Paul’s instruction in vs. 4:4?
4. What does Paul say we are NOT to be anxious about in vs. 6. How is that going? Read Matthew 6:25-34. What can you take from Jesus’s words as a help for you to practice Philippians 4:6?
5. Paul talks about the importance of how we think, and focusing our thoughts on what is good. What actions help you to do this (re. quiet time, prayer, walks, retreat, conversation with a friend, etc)?
6. Read 4:11-13. Paul said he learned to be content and was “able to do all things through Him who strengthens me”. Where are you more content today than you were as a younger Christian? How did God work that into your life?
7. Share the things that are currently making you anxious with your Growth Group. Spend some time praying for God’s peace to guard your heart.