

True Spirituality

Galatians 6:1-5 – Page 1816

Taking it Home:

1. Is there someone in your life who needs restoration? Are you committed to restoring them gently?
2. Is there someone who needs your help in carrying a burden?

Prayer Concerns:

We who are spiritual...

1. _____ those caught in a sin. [1a]

To restore is to _____ or

Gentleness is _____; it is _____

2. _____ our own lives. [1b; 5:25-26]

How we _____ is largely determined by our

3. _____ each other's burdens. [2-4]

The law of Christ is to _____
[John 13:34; 15:12]

4. _____ our God-given gifts and responsibilities. [5]

Personal Study/Growth Group Discussion Questions

Getting Started:

1. When has a Christian brother or sister helped you carry a burden?

Digging Deeper:

Read Galatians 5:22-6:5

1. When you think of a spiritual person, what characteristics or habits come to mind? What do verses 1-5 teach us about what it means to be truly spiritual?
2. How does the discussion about the fruit of the Spirit [5:16-26] relate to 6:1-5?
3. What does it mean to restore a brother or sister in Christ gently? What can happen if we confront others harshly?
4. Read Matthew 18:15-17. What process did Jesus give us for restoring someone caught in a sin?
5. What are some examples of how one might “carry one another’s burdens?” What might hinder this from happening?
6. How does verse 5 relate to verse 2? Are they contradictory? (The word “load” in verse 5 does not mean a crushing burden that’s referred to in verse 2, but rather a small, individual backpack.) What sorts of burdens do your friends or family carry? How do you (or could you) help them with these burdens?
7. Verse 5 says, “for each one should carry his own load.” This speaks of being responsible for the gifts and responsibilities God has given us. But it also refers to the day when each of us will stand before God to give an account of our lives. Read John 13:34 and 15:12. What confidence has Galatians given us that we will be accepted by God on that day?