

You Are Salt, You Are Light

Matthew 5:13-16 [page 1501]

Taking it Home:

1. Take some time to confess to the Lord and each other where your light is dim or flavor is bland, and ask God to help you live out who he has already made you to be.
2. Frederick Dale Bruner says, “*Salt does not exist for itself. Christians should not exist for themselves. Salt’s main mission is penetrating foods, disciple’s main mission is penetrating the earth. Salt a centimeter away from food is useless; Christians not living for people outside themselves are worthless.*” In what ways might God be calling you out of the salt shaker and into the world?

Prayer Concerns:

You are!

Characteristics of Salt:

1. _____
2. _____
3. _____

Characteristics of light:

1. _____
2. _____

Living as Salt and Light:

1. Remain _____
2. Get out of the _____
3. Burn _____

Becoming Salt and Light:

Personal Study/Growth Group Discussion Questions

Getting Started:

1. Who in your family is most afraid of the dark and why?

Digging Deeper:

Read Matthew 5:13-16

1. Who did Jesus direct his comments to when he called them salt and light (read Matthew 4:23-5:1)? What did Jesus envision would take place through his followers?
2. Salt has a preserving effect, is savory, and creates thirst. How are these descriptions to influence the life of a Christ follower as they live in the world? How do you personally embody each one? Where might you need to grow?
3. What is the relationship between the beatitudes in verses 3-10 and the call to be salt and light in verses 13-16? Why are the beatitudes so critical to our calling?
4. Read John 1:1-9; 8:12. How do you reconcile the fact that Jesus says He alone is the light, but describes Christians as light as well? What helps your light to burn bright?
5. Jesus cautions us not to lose our 'saltiness' and not to hide our light. How might this happen? What can we do to prevent it?
6. Read Colossians 1:13. What did Christ do for you? What significance has this had in your life? In what way does this lead us to empathy and compassion?
7. After the assassination of Charlie Kirk, non-believers are turning to the church and to the Lord in large numbers. There seems to be a spiritual hunger in our world. How might God want to use you, as the salt of the earth and light of the world, to participate in the good God is bringing about through this tragedy?