Loneliness

Genesis 16; 21:8-21 [page 21 & 29]

We were _____ created to be _____

The Gifts of Loneliness:

1. Creates an opportunity to distinguish _____ from _____

2. Points us to _____ we were _____

3. Leads us to _____

4. Increases our _____

5. Fortifies our _____

Taking it Home:

1. Read Matthew 28:20. How have you experienced this promise in your life? When you are inclined to question it, what habits or practices might help you trust these words more firmly?

2. If you are experiencing loneliness, review the "Events" page on our website (firstossipee.org/events). Which group or event could you join to step out of loneliness and enjoy the blessings of community?

3. Who are some lonely people in your sphere of influence? How might God want to use you in their lives? Create a practical step you can take this week to follow through on your answer.

Prayer Concerns:

Personal Study/Growth Group Discussion Questions

Getting Started:

1. Are you an extrovert or an introvert? Do you recharge by being around people or by being alone?

Digging Deeper:

Read Genesis 16; 21:8-21

1. What is the difference between being alone and feeling lonely?

2. What caused the tension between Sarai and Hagar in both passages of Scripture? What was the result of each conflict? What feelings might each outcome have evoked?

3. What contributed to Hagar's loneliness in the desert? What did God reveal about Himself in each situation? How has God 'seen' you in your loneliness?

4. Why do you think God met Hagar immediately during her first desert experience, yet was initially silent in the next? Have you ever experienced a desert scenario with God? How did you get through it? What did He teach you?

5. Read Psalm 68:5-6. What does this Psalm reveal about God's design for relationships? How has your Growth Group been a family to you?

6. Review the "gifts of loneliness" section in your sermon notes. Which gift is most meaningful to you in this season of your life?

7. Take time as a group to pray for those you know who are lonely. How might your group come alongside them?