

Learning to Delight in God

Various Psalms

Taking it Home:

1. John Chrysostom, one of the church fathers, advised reading Psalm 63 daily. Try it for a week and note the impact it has on your life.
2. David delighted in God and wasn't afraid to express it. If you were to write a short note to God today, what would it reveal about your relationship with Him? What themes or emotions would you include?

Prayer Concerns:

David's Delight in God

God is more interested in our _____
than our _____.

God's Delight in David

God is a _____ who _____ in his children

God is a _____ and _____ Lord

God is a _____ who _____ the soul

God is a _____ and _____

Cultivating a Heart of Delight

1. Believe what God _____
2. Taste and see that _____
3. Reprioritize your _____
4. Ask God for a _____

Personal Study/Growth Group Discussion Questions

Getting Started:

1. When your mind starts to wander from what you're doing, where does it go? What do you daydream about?

Digging Deeper:

Read Psalm 63

1. How does David describe his relationship with God? What captures your attention the most in the way he speaks of the Lord? What other Psalms are you familiar with that characterize this type of longing for God?
2. David accomplished many great things, yet God remembered him as "a man after God's own heart" (1 Samuel 13:14). Why do you think this matters so much to the Lord? What does this mean for us? Does your life trend toward doing or delight?

3. Read Psalm 18:19 and Zephaniah 3:17. What emotions surface as you read these passages? Do you find it easier to believe you should delight in God or that he should delight in you? Why?
4. How does receiving God's delight affect our relationship with him? How does it free us to love Him more intimately and serve Him more boldly?
5. Is it easy or difficult for you to emotionally connect with and delight in the Lord? Are there wounds, experiences, or misconceptions that make it difficult for you to pursue delight? What are some things in our culture—or even in church life—that can compete with our relationship with God?
6. Read the section, Cultivating a Heart of Delight. Is there one theme that strongly resonates with you? How might you apply one of these principles to increase your delight in the Lord? Pray together for a breakthrough in these areas.